



CFS NEWS

Winter 2019

The Comparison Trap

Are there any Lone Ranger Homeschool Moms out there? Is that you? Just because you're in one of our CFS groups, doesn't mean you're in fellowship with other moms. Perhaps you are slugging it out on your own because you're new and you don't know any other homeschool families very well. Do you live in a remote area? Or maybe you're not new but you have other extenuating circumstances which keep you from interacting with other families. I felt alone during my first year of homeschooling. I had a 2 year old and a 6 month old when I began homeschooling. My older two were in 3rd grade and Kindergarten. It was a hard year as I bumbled along on my own, having limited interaction with other moms. Was I doing enough? Was I doing too much? How could I know?

Thankfully I didn't quit, and the following year I was able to develop friendships with other homeschool moms. That created another danger—the comparison trap. I began hearing about the fabulous and elaborate lesson plans that some were creating for their kids. I found out some taught their kids Latin and that others used board games to teach math. Some didn't include every subject throughout the year, others had kids who were several grades ahead. Subconsciously I found myself comparing myself with each homeschool mom I met. I soon found that constantly comparing can be brutal and destructive!

One year at a homeschool convention, a wise speaker discussed our propensity to compare ourselves with other homeschool moms. Unfortunately we also compare our marriages, our kids, our possessions etc.... It can put us in a downward spiral. Instead of comparing, we need to find God's plan for us and to walk in it. It's fine to find out what others are doing, to learn from their mistakes, and to take recommendations for curriculum etc. There's no need to reinvent the wheel. But don't beat yourself up if you aren't able to do everything like your friend Susie Homeschooler.

How do you know what is right for your family? Pray and seek guidance from God. His yoke is easy and His burden is light according to Matthew 11:30. This means that if you set yourself up with an impossible schedule that leaves you so stressed out that you are ready to quit, then it needs to be adjusted. Sit down with your spouse and get their input. Perhaps you can save a subject for the summer and solve some time issues. There are many ways to make small changes that can make a very real difference to your sanity.

I pray for health and strength to all of our CFS members! I pray for endurance as you complete the second half of your school year. I pray courage for you as you do the hard job of disciplining your children. It's not easy but the rewards are great.

Many blessings to you as you continue your homeschool journey!

Sylvia Pierce, CFSSD board member

Inside this issue:

<i>Find a Park Day near you!</i>	2
<i>High Tech Fair Classics for Kids</i>	3
<i>General Atomics Fusion Field trip</i>	4
<i>Sea Lab Worldview Camp</i>	5
<i>Cinderella Ballet</i>	6
<i>Art Contest</i>	7
<i>Piano Lessons</i>	8
<i>College Fairs College Scholarship</i>	9
<i>Youth in Court Saddles in Service</i>	10

Like Christian Family Schools on Facebook to get current updates and announcements.



"There is no school equal to a decent home and no teacher equal to a virtuous parent."
Gandhi

Graduation Information

We are formulating the details on our County-wide graduation ceremony which will take place in early June. A parent meeting will be taking place soon. Please contact Sylvia at mail@cfssd.org if your student wishes to participate.



**Christian Family Schools—
Promoting and Supporting Private Christian Home Education in San Diego County!**

GENERAL INFORMATION

CFSSD BOARD:

Cec Chafin
Don & Sudie Weisman
Honey Burke
Sylvia Pierce

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for the newsletter, contact us at
mail@cfssd.org

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CFSSD

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Associate Membership

If you live in an area of the county unserved by a local CFS group, you may find an associate membership appealing. You may apply for this on our website at www.cfssd.org.

CFS (Christian Family Schools) of San Diego promotes, encourages, and supports private Christian homeschooling and includes a number of local support groups in communities throughout San Diego County. We organize events and activities available to members and sometimes, non-members. Additionally, CFS encourages communication among private home education leaders by hosting leadership meetings several times a year.

CFS PARK GROUPS IN SAN DIEGO COUNTY

Chula Vista	ChulaVista@cfssd.org	<i>2nd Friday at 10:00 AM</i>	Email for location
East Lake	Eastlake@cfssd.org	2nd Friday at	Email for time and exact location
El Cajon/Santee	ElCajon@cfssd.org	<i>3rd Tuesday at 1:00 PM</i>	Shadow Hill Park - rain or shine
Fallbrook	Fallbrook@cfssd.org	<i>2nd Tuesday 7:00 PM</i>	Email for location
La Mesa	LaMesa@cfssd.org	<i>3rd Friday at 10:00 AM</i>	Northmont Park
Mira Mesa	www.cfsmiramesa.org	<i>1st Wednesdays at 1:00 PM</i>	Breen Park
Poway	Poway@cfssd.org	<i>Selected 1st Fridays at Noon *Rain cancels</i>	See calendar details www.cfspoway.org
Ramona/Backcountry	Ramona@cfssd.org	<i>2nd Friday at 10:00 AM</i>	Dos Picos Park
Rancho Bernardo	RB@cfssd.org	<i>2nd Saturday at 2:00 PM</i>	Email for location
Rancho Santa Fe	Ranchosantafe@cfssd.org	<i>3rd Friday at 1 PM</i>	Moonlight Beach 400 B. St in Encinitas
Valley Center	ValleyCenter@cfssd.org	<i>1st Friday at 1:00 PM</i>	Valley Center Community Church Park (off of Cole Grade Rd before library)

High Tech Fair

The San Diego High Tech Fair is a unique experience for students from 6th through 12th grades to visit with representatives of local high tech companies. They will learn from interactive experiences how the world of science can be fun and rewarding. The students enjoy seeing "real life" applications of what they already may be learning and includes over 60 exhibitors from local, cutting-edge STEM (Science, Technology, Engineering and Math) organizations. You will find demonstrations in Physics, Bio-Tech, Chemistry, Engineering, Nano-technology, Robotics and much more! This is a wonderful venue for a cooperative effort between business and education.

Participating companies include interactive activities that clearly explain their companies' technologies and products. Because the entrance of each group is staggered by 30 minutes, each student can visit each booth easily and not miss any of the exciting exhibits. This is not a career fair, it's a technology fair, and it's loads of fun!

When: Friday, January 18, 2019, 8:30 am sharp! (Plan on arriving by 8:00 am so that you have time to park and find us!)

Where: Balboa Park Activity Center, 2145 Park Blvd, San Diego, CA

Who: CFS students in Grades 7-12 and their parents. (We're sorry, no younger siblings will be allowed, please make other arrangements for your younger students)

Cost: \$5.00 per family

Reservations and payment are necessary to hold your spot! We need to know how many adults and how many students!



Sign up: At <http://www.cfssd.org/high-tech-fair.html>

Questions: Contact Cec at cec@cfssd.org

Note: You may also attend the evening before as a family when it is open to the public, but crowds could be an issue. To go separately see the following link: <http://www.rhfleet.org/high-tech-fair>

Classics 4 Kids Patterns in Music

Join the Classics Philharmonic, Conductor Dana Zimbric, and the Hutchins Consort - an ensemble of eight string players who perform on a set of instruments created by American Luthier Carleen Hutchins - in a concert all about patterns. With music from a variety of genres - classical, latin, ragtime, and jazz - students will learn about patterns in beat, rhythm, and form; learn about the unique instruments of the Hutchins Consort; and see how patterns play a role in many other subjects like mathematics, language arts, and science!

Who: Members of any CFS support group in San Diego county

When: Friday, March 15th, 9:30 am

Where: Balboa Theatre, Downtown SD 868 4th Ave. San Diego, CA 92101

Cost: \$7.50 per person, adults and children

Sign up: at <http://www.cfssd.org/classics-4-kids-patterns-in-music.html>

Questions: Contact Cec at cec@cfssd.org

General Atomics Fusion Education Tour

General Atomics (GA) has been an international leader in magnetic fusion research since the 1960s. The DIII-D National Fusion Facility, operated by GA for the U.S. Department of Energy (DOE), is the largest magnetic fusion research facility operating in the U.S. Magnetic fusion research at GA has led to vital scientific discoveries as well as spinoff technologies that have advanced the state of the art in medical diagnostics, transportation, semiconductors, electronics, and defense applications, including the [Electromagnetic Aircraft Launch System](#) (EMALS) being deployed on the next generation of U.S. Navy aircraft carriers.

The DIII-D Facility Tour is a General Atomics Fusion Education field trip suitable for grades 5-12 and encompasses both advanced technology and fundamental scientific principles. Under the guidance of scientists and engineers, students explore multiple hands-on demonstration stations covering topics in design and engineering, data acquisition, fusion production, and plasma control.

Some of the topics covered will include:

- Plasma – the 4th state of matter and the first step to fusion
- Radiation, radioactivity, and risk assessment
- Data acquisition and analysis
- The electromagnetic spectrum
- The DIII-D tokamak & control room
- Computer aided design/engineering
- Discussions of energy use, environmental impact, college preparation for scientific careers

DATE: Wednesday, February 13, 2019, 9 AM through 12:30 PM

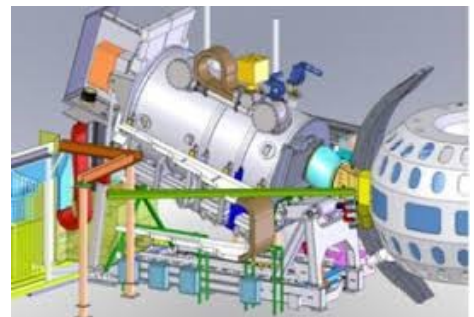
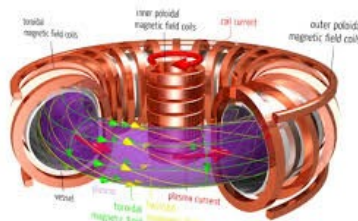
WHO: Students in grades 5th through 12th of CFS families who are members of a CFS support group or Associate Members.

WHERE: 3550 General Atomics Ct., San Diego, CA

COST: \$5.00 per family registration fee

NOTE: This is a unique experience to see the behind the scenes of a working tokamak! Because this is a secure facility, names of all attendees must be submitted prior to arrival, reservations will be closed when we reach our maximum capacity and a waiting list will be started!

This trip is full but you may still sign up to be on the waiting list at <http://www.cfssd.org/general-atomics-tour.html>. As the time gets closer, spots will be filled based on cancellations and any flexibility General Atomics has regarding the number of participants they are willing to accept.



Sea Lab

Who: CFS members of all ages K-12

What: A half-day floating lab field trip that invites students to learn more about marine science on a four-hour journey on San Diego Bay! Some of the experiences include:

- Animal collection (trawling)
- Animal identification and education
- Plankton sampling and viewing
- Mud sampling
- Physical oceanography (wind speed, direction, tide, water temperature, depth, color & clarity)
- Sea lion observance from the boat!

For a video of this fieldtrip, click [HERE](#)

When: Friday, April 12th, 8:00 AM

Cost: \$26.00 per person, K-12 and adults

Questions: Contact Cec at cec@cfssd.org

Don't miss the boat!!



World View Training Camp for Upper Graders

CFS teens have been attending Worldview Academy's Leadership Camps for many years, resulting in many great reports from both parents and students! Here is the information for this summer's camp in Southern California.

Worldview Academy Leadership Camps are intense week-long camps designed to teach

Christian students **to think and live in accord with a biblical worldview**. Camps are for students **ages 13 and up**. Students are trained in **Worldviews, Servant Leadership, Apologetics & Evangelism**. These three concentrations come together and form a solid foundation upon which students build a consistent, biblical worldview. Students are prepared to defend themselves against the culture's attacks and, at the

same time, are equipped to lead the charge to win the culture back for Christ. Students are treated like real people and prepared to deal with the tough issues they face in the real world. They also **meet great people and make lasting friendships**.

The dates for this year's camp in Southern California are **June 23rd-28th**, and it will be at The Master's College in Santa Clarita. The regular rate per person is \$745. Check for the sibling rate if you are sending more than one student. Session fee covers camp program, room and board, camp t-shirt, and the Worldview Student Notebook.

First time campers can get a special discount of \$100 off if you are referred by a student who attended last year. Worldview Academy also has partial scholarships available for first time students. To apply visit www.worldview.org/resources. For more information, go to <http://www.worldview.org>.

Cinderella Ballet

Experience Ballet in Balboa Park with the historic San Diego Civic Youth Ballet

An enchanted pumpkin, a royal ball and a glass slipper left behind set the stage for this favorite rags-to-riches fairy tale as it comes to life through ballet. Featuring the whimsical music of Prokofiev and based on the beloved, classic story, audiences of all ages will delight in the magic as the Fairy Godmother transforms Cinderella into the princess she was always destined to be.

WHO: All CFS families in San Diego county

DATE: Wednesday, April 3, 2019

TIME: 9:30 AM

WHERE: Casa Del Prado Theater
Balboa Park
1650 El Prado
San Diego, CA 92101

COST: Students \$ 7.00
Adults \$ 11.00

Sign up: at <http://www.cfssd.org/cinderella-ballet.html>

Questions: Contact cec@cfssd.org



Homeschooling Organizations Deserving Our Support

⇒ **CHEA** Christian Home Educators Association of California

CHEA is a statewide organization that provides information, support and training to the Christian home-schooling community. CHEA sponsors an annual conference which will be held in Pasadena next July. To join CHEA or for more information go to www.cheaofca.org

⇒ **FPM** Family Protection Ministries

FPM is the voice for homeschoolers in Sacramento. They look out for legislation that will restrict our right to home educate our children. This ministry is funded by donations. You may send contributions directly or through CHEA. With a donation of \$40 you will receive their newsletter. Find more info at <http://pheofca.org/>

⇒ **HSLDA** Home School Legal Defense Association

HSLDA provides low cost legal defense for all families who choose to privately educate their children at home. Membership is \$120 annually. CFS members qualify for a group discount rate of \$100. Find out more about HSLDA at <http://www.hslda.org>



Now Accepting Submissions! Through February 1st.

Category 1: Post-Impressionist Art

(Ages 7-10 as of February 1st)

Incorporate one element of Post-impressionist art in your entry.

Here are a few elements common in post-impressionist art. Choose **one** to include in your artwork.

Pointillism ([Example](#))

Evocative color palette ([Example](#))

Distinctive brushstrokes ([Example](#))

Natural subjects captured ([Example](#))

Category 2: Expressionist Art

(Ages 11-14 as of February 1st)

Incorporate one element of Expressionist art in your entry.

Here are a few elements common in Expressionist art. Choose **one** to include in your artwork.

Bright color palette ([Example](#))

Exaggerated subjects ([Example](#))

Generous paint application ([Example](#))

Gestural brushstrokes ([Example](#))

Category 3: Surrealist Art

(Ages 15-19 as of February 1st)

Incorporate one element of Surrealist art in your entry.

Here are a few elements common in Surrealist art. Choose **one** to include in your artwork.

Symbols used to convey personal meaning ([Example](#))

Concepts presented in an unusual manner ([Example](#))

Distorted perspective ([Example](#))

Highly imaginative scenarios portrayed ([Example](#))

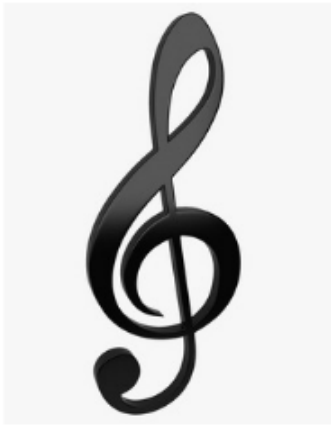
To see rules and guidelines as well as last year's winners, go to HSLDA's website at http://www.hslda.org/Contests/Art_main.aspx

If you enter and win, please let us know! We would love to include the info in a future newsletter!

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Phone: 858-900-4591
Email: alexhock1@gmail.com

Alex Hock, piano instructor
Studios in Poway and Ramona

Homeschooler Testimonials regarding Alex Hock:

My daughter Josephine has been with Mr. Hock for the last 4 1/2 years. We are very pleased with him. He has been able to really pull Jo further along in her piano playing. He has a great rapport with his students and their parents. It is amazing when attending his students yearly concerts how much they have all gained in skills and confidence. I would and do recommend Alex Hock. He is easy going and makes the kids very comfortable. He was a great find for us when Jo's original teacher moved out of state. Karen Andrews

My son has been taking piano lessons with Mr. Hock since January 2011 and it has been a wonderful experience to watch my son grow in his knowledge and skill. Alex is engaging, supportive and encouraging at every lesson and most importantly he balances high expectations with fun. He reaches each student at their level and works with them to achieve their potential. A highlight of learning piano with Mr. Hock is the student recital. Lots of time and effort is put into the preparation and planning of each recital by the students and Mr. Hock and it shows! The performances are light years away from the proverbial cringe worthy experiences and memories most of us associate with "piano recital." It is always a truly wonderful time and a pinnacle moment for your student. Character lessons in humility, perseverance, respect, appreciation and support for others, and dedication are just a few examples of the extras your child will experience while taking lessons from Mr. Hock.

Over the years I have found Mr. Hock to be extremely flexible, approachable, and most importantly dedicated to giving his best to your child so that he in turn is able to help them do their best. His standards are high, but his heart is warm and open. Mandie Ramey

Alex has taught my two girls piano for the last 4-6 years. He is very good, especially with the young kids. He normally has one recital in the spring. He prepares the kids really well for it. The girls have enjoyed the lessons and are becoming competent classical piano players. They really enjoy his relaxed manner. At his studio, he has a nice waiting room if Mom or any siblings want to wait upstairs. Michele Lyons

San Diego Area Christian College Fair

Date: February 25th, 2019

Time: 6 to 8 PM

Where: Christian Unified Schools

2100 Greenfield Drive, El Cajon

There is no need to register for this fair. It is usually attended by High School Juniors but open to any high-school students. This fair is totally free, and feature 40+ Christian colleges at each event! This event also features **a financial aid session** that addresses the challenge of paying for college.

San Diego National College Fair

Date: Thursday, April 18th, 2019

Time: 9AM to 12 PM and 6 PM to 8:30 PM

Where: San Diego Convention Center

111 W. Harbor Dr. San Diego

See the list of participating schools and register online at <https://www.nacacfairs.org/attend/national-college-fairs/san-diego/>

For questions, contact Email collegefairs@nacacnet.org or call 703/836-2222 ext. 14.

Susan K. Beatty Scholarship

Each year CHEA awards a \$1000 scholarship to a graduating home-educated student who is going to a college, university, or accredited career or vocational school in the fall following high school graduation. Each Support Network Group may nominate two students for the Susan K. Beatty Scholarship. If you believe your student is eligible, ask your group leader to consider a scholarship nomination. They will supply you with an application. Applications must be submitted to CHEA no later than February 28 each year. For more information, contact sndirector@cheaofca.org.

To be eligible for the scholarship, applicants must meet the following criteria:

1. Applicants must have been privately homeschooled (not enrolled in a public school program), with their parents teaching them at home at least 51% of the time and at least 51% of the academic subjects, for at least the last four years.
2. Applicants must be at least 17 by December 1 of the previous year and no older than 19 on June 30 the spring the award is granted.
3. Applicant's parents must have been CHEA Members at least two years prior to the scholarship award, with their Membership maintained through July of the scholarship award year.
4. Applicants must have been members in good standing in one or more Support Network Member Groups for at least two years prior to submitting their application.
5. Applicants must be accepted for admission to a college (including community college), university, or accredited career/vocational school in September of the award year.

Applicants must be able to attend the Saturday morning General Session of the Annual Convention, if selected to receive the scholarship.

Mark your calendars for Standardized Testing!
Monday through Wednesday, May 13-15, 2019
Location and cost TBD

Youth In Court

The North County Division of the San Diego Superior Court, in partnership with the Bar Association of Northern San Diego County, presents: **2019 Youth in Court Day**. Students are given the opportunity to interact with judges and staff during the event. Domestic violence, forensic evidence, and gang violence are some of the various topics examined through workshops and mock trial activities.

Date: Friday, March 8, 2019
 Time: 11:30 – 3:00 p.m. (start/end time is approximate)
 Who: Older High school students—ages 15 to 18.
 Sign up: On our website at www.cfssd.org
 Cost: \$5 per family
 Questions: Contact Sylvia at mail@cfssd.org
 Location: San Diego Superior Court
 North County Division
 325 S. Melrose Drive in Vista



Join CFS RB on this fieldtrip: Saddles in Service

Tour a working horse ranch. Hear how the rescue horses touch the lives of service members, first responders, and their families. Learn to groom a horse. Watch horse training in action. Learn about the heard and the special hierarchy that arises in the heard.

Meet: Boo and Dylan, a Clydesdale and a draft horse. Thoroughbred: King, The Girls: Barbie, Stormie, Breenie, Splash, The Old Timer: Bonita (33 years old) The Stud: Tequila, The Heard: Cole, Romie, Cap, [Storm Son's Ranch Equine Therapy and Horse Rescue](#) has 13 rescue horses, all with varying stories of pain and heart break. These special horses need special care. This is where veterans and their families come in. Tammy, at Saddles in Service, pairs the service member with a horse and teaches the veteran how to groom and care for that horse while building a special bond. The service member then takes the horse into a round pen to learn how to train a horse and eventually ride him. This is a one of a kind program that allows for both participants, veteran and horse, to heal from their past and pains. When at the ranch, all worries fade away. There is healing around the gentle spirits of the horses.

Saddles in Service does all this for free. As a start up, this program is struggling to maintain offering this program. We would love to be able to offer them a love offering the day of the field trip as a way to say thank you for the time they've taken to share their ranch with us. If able, we are asking that each family that attends brings \$20 per family (collected by Tiffani Crews).

January 28th at 11 am

Each participant will need to sign a liability form to participate. The form will be available below (coming soon) or on site.

Please wear closed toed shoes and long pants.

Please check the weather for Alpine the day of the event to be prepared

To sign up, go to www.cfsrb.org and click on calendar

Where: 6476 Japatul Highlands Rd in Alpine

Questions: Contact Tiffani Crews 619-913-6545

